



TOGETHER

Project Number: 2019-1-PT01-KA203-060772

BODY LANGUAGE

Link: https://issuu.com/educaredirittiumani/docs/icaro_-_en (page 21)
Group size: 10 – 30 persons
Duration: Approximately 60 minutes
Objectives: <ul style="list-style-type: none">• Enabling students to interact with other people in a more effective way• Being aware of the importance of non-verbal communication• Integrating curriculum with the hands-on acquisition
Description: <p>10 minutes: introduction of the theme referring to non-verbal, para-verbal (voice's tone, volume speed...) and verbal communication</p> <p>15 minutes: the facilitator asks three participants to be available for a demonstration. One of them is required to leave the room for a few minutes, as long as the others are given instructions, and to think about an event that happened to her/him and made her/him upset. The facilitator gives the others an assignment: one of them will support the mate's opinion only verbally but will act as if she/he does not agree and the other will assume the opposite behaviour. The facilitator suggests that they could assume the same body's posture as the speaker if they want to communicate their agreement and a completely different attitude if they do not.</p> <p>10 minutes: The one who left the classroom is called back and invited to tell his story. The others listen to his account following the facilitator's instructions. After 10 minutes the facilitator stops the demonstration and asks the teller how he felt and if he can understand whom he might rely on the most. It regularly happens that the speaker is confused by the contradictory messages he received.</p> <p>The facilitator asks other students to explain why their companion feels this way and how the two others communicated their agreement or disagreement.</p>
Debriefing - Evaluation: <ul style="list-style-type: none">• The facilitator makes participants reflect on the experience and comments on communication, listing all the body's expressions we can exploit to make our message clear.• How should I behave when I'm talking/listening to someone?• How should I not behave?• To the speaker: How do you feel when you were talking with them? Was it easy/difficult to talk with people behaving in that way?• To the listeners: How do you feel when he was talking? Was it easy/difficult to behave in that way while he was talking with you?

